



Eligible OTC Expenses

Actifed, Advil Cold and Sinus, Afrin, Alka Seltzer Cold and Flu, Afrinol, Aleve Cold and Sinus, Allerest, Benadryl, Chlor-Trimeton, Claritin, Contac, DayQuil, Dristan, NyQuil, NasalCrom, Neo-Synephrine, Drixoral, Pediacare, Sudafed, Tavist D, Triaminic, Tylenol Cold and Flu, Cough Drops, Nasal Sprays, Throat Lozenges, Airborne Aspirin, Advil, Aleve, Ibuprofen, Naprosyn, Tylenol, Midol, Pamprin

Acne treatments, excluding cosmetic peels

AXID AR, Gas-X, Maalox, Mylanta, Tums, Pepcid, Prilosec, Tagamet, Zantac

Bacitracin, Neosporin, Triple antibiotic ointment

Femstat 3, Gynelotrimin, Mycelex-7, Monistat 3, Vagistat-1

Ex-Lax, Immodium AD, Kaopectate, Pepto-Bismol, other laxatives

Lamisil, Lotramin, Micatin

Bactine, Benadryl lotion, Caldecort, Caladryl, Calamine, Cortaid, Hydrocortisone, Lanacort, Lamisil, Lotramin

Brontin Mist, Bronkaid, Bronkolixer, Primatene

Abreva Cream, Herpecin

Contact Lens cleaning and soaking solutions, lens storage cases

Ovulation predictor kits, Pregnancy tests, Spermicides, Condoms

Robitussin, Vicks 44, Chloraseptic, Mucinex

Pedialyte

Orajel, Anbesol, Poligrip, Dental Fluoride

Aquaphor, Balmax, Desitin

Ear drops, Ear wax removal products

Eye drops, Reading glasses, eye patches

Eligible OTC Expenses (Cont'd)

Antiseptics, Witch Hazel, Peroxide, Bandages, First Aid Kits, Cold / hot packs, Heating Pad, Joint Supports, Rubbing Alcohol, Ace Bandages, Splints, Thermometers, Liquid Adhesives

Arch and insole supports, Callous removers, Athlete's Foot products, Bunion/Blister/Corn treatments, Compound W, Dr. Scholl's Clear Away, Wart-Off

Preparation H, Tronolane

Fiber supplements, such as Metamusil

Blood Pressure monitor and related equipment, Diabetic equipment and supplies, Colorectal screenings, HIV Test, Pregnancy tests, Vaginal Yeast test kits

DairyCare, Dairy Relief, Lactaid, Lacteeze, Lactrase

Midol, Pamprin, Premysyn PMS

Dramamine, Marizine

Nix, Rid

Sunburn relief, Aloe Vera, Bug bite relief, Bug repellent

Commit, Nicoderm CQ, Nicorette, Nicotrol

Sunscreen and Sunblock Lotions (note cosmetics that list an SPF are not eligible)

Snoring Cessation Aids

Items Requiring a Doctor's Note to be Reimbursed:

Acne peels

Calcium supplements

Glucosamine, Chondroitin

Vitamins, Dietary supplements such as Vitamin E, Fish Oil, B-Complex, Garlic, CoQ10

Feminine Hygiene (post surgery or childbirth)

Hair Loss Treatment

OTC Hormone Therapy

Weight Loss

Items sold by a Nutritionist

Gym Membership

Allowable Expenditures from Your Flexible Spending Account (FSA)

An FSA reimburses the employee for medical care expenses (as defined in Section 213 (d)) incurred by the employee or by the employee's spouse or dependents and provides reimbursement up to a maximum dollar amount. To be an eligible expense for medical care, the expense has to be "primarily" for the prevention or alleviation of a physical or mental defect or illness.

Acupuncture	Obstetrician
Alcoholism	Operating Room Costs
Ambulance	Operations-surgical
Artificial Teeth	Ophthalmologist
Artificial Limb	Optician
Bandages	Optometrist
Birth Control Pills (by prescription)	Organ Transplant
Breast Reconstruction Surgery (mastectomy)	Orthodontia
Certain Capital Expenses (for the disabled)	Orthopedic Shoes
Chiropractors	Orthopedist
COBRA Premiums	Osteopath
Contact Lenses	Over-the-Counter Medicines
Cosmetic Surgery (if due to trauma or disease)	Oxygen and Equipment
Crutches	PSA Test
Dental Treatment	Pediatrician
Dermatologist	Personal Care Services (for chronically ill)
Diagnostic Devices	Podiatrist
Disabled Dependent Care Expenses	Post-Nasal Treatments
Drug Addiction Treatment (inpatient)	Prenatal Care
Drugs (prescription)	Prescription Medicines
Eyeglasses	Prosthesis
Fertility Enhancement	Psychiatric Care
Guide Dog	Psychiatrist
Gynecologist	Psychologist
Health Institute (if prescribed by physician)	Psychoanalyst
Hearing Aids	Radium Treatment
Home Care	Smoking Cessation Programs
Hospital Services	Special Education for Children (disabled)
Laboratory Fees	Specialists
Lasik Surgery	Splints
Lead-Based Paint Removal	Surgeon
Learning Disability Fees (prescription)	Transportation Expenses for Health Care Treatment
Life-Care Fees	Vaccines
Lodging (for out-patient treatment)	Weight Loss Programs
Meals (associated with receiving treatments)	Wig (hair loss from disease)
Medical Conferences (for ill spouse/dependent)	
Medicare Deductibles	
Medicare Premiums	