

# Let's Get Physical

The Newsletter of the Health and Physical Education Department—*The Action Department*  
Fashion Institute of Technology of the State University of New York (FIT-SUNY)

For the latest in happenings in the Health and Physical Education Department, including updates to the Spring 2004 and upcoming course schedules, visit us at: <http://www3.fitnyc.edu/healthandphysicaleducation/>.

## The First Health and Fitness Student Art Competition: Two Prizes Worth \$200 Each to Be Awarded

Volume 1 , Number 1  
January-February 2004

The Health and Physical Education Department announces its first student art competition being held this Spring in our new Health and Fitness Gallery space in the sub-basement of the A Building. Two prizes valued at \$200 each will be awarded to the two best artworks depicting physical activities at FIT or promoting other healthy behaviors.

All currently registered full- or part-time students are eligible to submit a maximum of three entries. Maximum size is 12" x 14" width or height by 1/4" thick, mounted on a lightweight mounting board with no frame. Original drawings, paintings, photographs, or computer designs are acceptable media.

Entries will be displayed in the gallery space in the hallway outside of the Health and Physical Education Department during the Spring semester. The winning entries will be selected in one of two ways. One winner will



be selected by currently registered students by voting for their favorites. The other will be selected by the Health and Physical Education faculty. Stop by the Department (AX13) to pick up an entry form. Deadline: March 15.

### In This Issue:

**The First Health and Fitness Student Art Competition: Win \$200.....1**

**New Courses Added: Afro-Caribbean Dance, Ballet II, Jazz Dance, and Volleyball .....1**

**Human Sexuality: Another Healthy Choice.....2**

**What's New in the Health and Physical Education Department .....2**

**Reminder: Most HE Courses Will Satisfy the Health and Physical Education Requirements for the AAS Degree .....2**

**Department Absence and Lateness Policy .....2**

**Policy in the Event That a Faculty Member Is Late or Absent from Class.....2**

**Faculty Phone Numbers ....2**

## New Courses: Afro-Caribbean Dance and Ballet II; New Sections of Jazz Dance and Volleyball Added

Afro-Caribbean Dance and Ballet II are the latest new courses being offered this year by the Health and Physical Education Department. They follow the introduction last year



Live drummers accompany the Afro-Caribbean Dance class under the direction of Prof. Dana Manno.

of Yoga II, our first in a series of exciting new courses being developed by our faculty to enrich the choices available to students.

Afro-Caribbean Dance (PE116-35A, CRN: 10475) is offered Tuesday evenings, 6:20-8:10 PM, and is open to everyone. Ballet II (PE214-301, CRN: 9999) is offered Tuesday afternoons, 2:10-4:00 PM, and is open to students who have taken Ballet I (PE114) or its equivalent. Call Prof. Renée Binzer (AX13, 212.217.7730) if you have previous ballet experience and need a waiver to register.

In addition, new Friday afternoon sections of our popular Jazz Dance and Volleyball classes were added for students who might be closed out of other courses during the week. (Jazz Dance: PE113-303; CRN: 10474, Fridays 3:10-5:00 PM; Volleyball: PE136-306, CRN: 10572, Fridays 1:10-3:00 PM).

### *Editor:*

Dr. Ray Noonan, Chairperson  
Room AX13, 212.217.7460,  
[raymond\\_noonan@fitnyc.edu](mailto:raymond_noonan@fitnyc.edu)

Health & Physical Education Dept.  
Fashion Institute of Technology  
27th Street and 7th Avenue, AX13  
New York, NY 10001  
212.217.7724

## Human Sexuality: Another Healthy Choice in Health and Physical Education

Are you looking for an interesting, alternative course to satisfy part of your Health and Physical Education requirement this semester? Consider Human Sexuality (HE201).

Among the topics covered in this course focusing on sexual health and behavior from an interdisciplinary perspective are: Music: The Language of Love; Sex, Gender, and Fashion; the Psychosocial and Biological Aspects of Sex; Cultural and International Perspectives on Sex; Sexual Orientation; Healthy Sexuality; . . . and more!

The course is being taught by Dr. Ray Noonan, chairperson of the De-

partment, who recently co-edited *The Continuum Complete International Encyclopedia of Sexuality*, a compendium of current knowledge on sexual values, attitudes, and behavior in 62 countries and places around the world.

Human Sexuality is being offered in both the day and evening (HE201-301, CRN: 3623, Tuesdays 2:10-5:00 PM; HE201-35A, CRN: 7942, Wednesdays 6:20-9:10 PM; 3 credits). The course may also be taken by students who need a Liberal Arts elective/selective.

Call Dr. Noonan (212.217.7460), or come to AX13, for more information.

## What's New in the Health and Physical Education Department

This is the first issue of *Let's Get Physical*, the newsletter of the Health and Physical Education Department at FIT. Through this vehicle, we hope to keep students—and the FIT community at large—current on what's happening with new courses, schedule changes, and events in the Department, as well as the people who are dedicated to making your educational experience as rewarding as possible. We also recently created a new website, <http://www3.fitnyc.edu/healthandphysicaleducation/>, which will have more in-depth information and news about the Department and its offerings.

## Department Absence and Lateness Policy

The faculty of the Health and Physical Education Department reaffirmed its official policy that no more than two absences are allowed (excused or not) in Health and Physical Education classes; three or more absences will re-

sult in failing the class. Lateness or leaving class early will count as ½ absence. Refer to your course syllabus for possible options, if they are available, for making up absences.

## Policy in the Event That a Faculty Member Is Late or Absent from Class

The Health and Physical Education Department endeavors to let students know on a timely basis when a faculty member is unavoidably late or will be absent from class, and to make sure that a substitute can cover the class where possible.

However, it is the policy of the faculty of the Department that, in the event a faculty member is late and there is no notice, it is the responsibility of the students in the class to wait 30 minutes after the official start of the class (which

typically start 10 minutes after the hour during the day and 20 minutes after in the evening) before leaving.

In addition, after 30 minutes, students should sign a sheet of paper with their student ID numbers (or social security numbers), including the class, date, and time of departure, and leave it with the Department secretary in the Health and Physical Education Department office at AX13, or, if the door is closed, to slide it under the door.

## Reminder: Most HE Courses Will Satisfy the Health and Physical Education Requirements for the AAS Degree

Although we often refer to it as the Physical Education (PE) requirement for graduation for students in Associate's degree programs, students are reminded that most Health Education (HE) courses will also satisfy the requirement. The only exception that will *not* meet the requirement is HE301, Motor Learning, which is designed for students in the Toy Design major.

Currently, we offer three Health Education courses that will satisfy the requirement: HE101, Health Education, which offers an introduction to various health-related concerns; HE102, Stress Management, which focuses on ways to better manage stress; and HE201, Human Sexuality, which addresses sexual health and related issues.

Students may take two PE courses, two HE courses, or one of each to meet the HPE requirement.

HPE on the Web: <http://www3.fitnyc.edu/healthandphysicaleducation/>

## Faculty Phone Numbers (HPE Main Office: 212.217.7724)

Binzer, Renée .....	217-7730	Howard, Jennifer .....	217-3286	Noonan, Raymond J. ....	217-7460
Bird, Stephanie .....	217-7731	Jackson, Charles .....	217-3109	Nudell, Hilary .....	217-7447
Clarke, Peggy .....	217-7054	Jones, Melanie .....	217-7733	Puro, Howard .....	217-3287
DiPalma, Eleanor .....	217-7948	Lewis, Ted .....	217-7025	Rapkin, Leonard .....	217-7789
Eisenstein, Anne-Michele .....	217-7785	Manno, Dana .....	217-7166	Schubert, Monique .....	217-7183
Galante, Lawrence .....	217-7801	Mehlman, Arlene .....	217-7784	Skirka, Nicholas .....	217-7173
Gordon, Karen Allyn .....	217-7164	Nacinovich, Raoul .....	217-7807	Wong, Sharon .....	217-3274